

Roadmap to a Fulfilling Retirement



Overview

It is never too early to plan the next phase of your life, because a well-planned life is the key to a successful and fulfilling retirement. Comprehensive retirement planning covers all aspects of a rewarding life including Financial, Social, Psychological, Emotional and Physical.

This course will prepare you for a successful retirement by giving you all necessary financial information and by helping you develop a life plan that will guide you through a smooth transition into retirement.

Audience

This course is useful for anyone who has entered the workforce and is planning to retire, whether in two decades or in the next two years. The workshop will also be useful for spouses of future retirees.

Duration 2 Days

Topics

- Establish your retirement vision building on your dreams, aspirations and life goals;
- Determine when is the right time to retire;
- Provide the "A to Z" of the Government of Canada employee pension plan (PSSA);
- Provide advice on how to avoid the pitfalls of poor financial planning;
- Explain the various types of financial investment instruments that are at your disposal;
- Better understand the changes that will affect your life and how to manage them;
- See how to fit your current work identity into your retirement identity;
- Figure out how to create a more balanced pace for yourself;
- Learn how to stay connected to your community and the world around you;
- Identify your current and future social support network;
- Feel confident and excited about this next chapter in your life.

Your Facilitators

**Kyle Reid**

Financial Planning Expert

A Certified Financial Planner since 1994, Kyle is well-known and respected in the industry. Kyle's investment advice is based on extensive research and knowledge of the industry gained over 20 years of experience.

Kyle is one of a small number of Financial Planners who are Public Service Superannuation Act (PSSA) Certified and has extensive pension expertise with respect to the PSSA, RCMPSPA, CFSA, HOOPP, OMERS and the Teacher's Pension Plan. Kyle has presented pension and financial planning seminars for 20 years to thousands of public servants and their families.

**Vanessa Charron**

Life Coach and Human Resources Professional

Throughout her professional career Vanessa has been delivering a core of professional development programs through training, executive coaching, and team building events and retreats. Her training curriculum is centred on the development of skills such as assertiveness, emotional intelligence, conflict prevention and resolution, public speaking, and life planning for retirement.